

LESSON OVERVIEW

Big Idea: Happiness starts with knowing you need God.

Key Question: Why do we need God?

Memory Verse: God makes you happy when you realize your need for Him. Matthew 5:3

Overview: Did you know that Jesus was a great teacher! When He spoke, people listened. We're going to be learning about the most famous class He ever taught. It's called the Sermon on the Mount. Jesus stood on top of a mountain and taught the people some really important things. One of His main points was about real happiness. That would be interesting, right? We all want to be happy. But, Jesus wasn't talking about the kind of happy you feel when you eat a yummy lunch at Chick fil A or even that feeling when you're opening presents on Christmas or on your birthday. He was talking about a lasting happiness that can only come from God. It starts with realizing you can't do anything without God. In fact, Jesus tells us that we need to come to Him like a child. You know what that means? We're all like helpless kids when we come to God. That's true even for adults. Just like kids need their parents, we need God to take care of us. And when we have the attitude that says "God knows what's best for me" we'll experience real happiness.

CLASSROOM AGENDA

- 5 min **PLAY:** Begin working on Activity Page #1.
- 5 min **WARM UP:** List some things that make you happy? (favorite holiday, special toy, friends, food, pet) Why do they bring you happiness?
- 5 min **PREVIEW:** Draw the bubbles on a whiteboard and fill in the Big Idea, Memory Verse, and Key Question. (If applicable, have kids fill in their bubbles on the Kids Activity Page.)
- 20 min **LARGE GROUP:** Gather for songs and videos with other kids. Then return to small group to finish this guide.
- 5 min **RECAP:** Read the Lesson Overview from the Teacher's Guide and then answer the KEY QUESTION.
- 5 min **EXPLORE:** Read [Matthew 18:3-4](#). What do you think of babies/toddlers? Can they do anything for themselves? Why does Jesus encourage people to come to Him like a child?
- 10 min **PLAY:** Choose a group activity from Activity Page #2.
- 5 min **CLOSE:**
 - What can you do to show God you need Him?
 - Share prayer requests and pray as a class.

TEACHER TIPS

2nd-5th puzzle answers: across: 1. happy 2. Jesus
down: 1 humble

Allow each kid to share. The point: there are lots of things that make us happy. But, usually it never lasts. We're always looking for the next thing.

Answer: We need God for two main things.

1. **Forgive our sins.** We need Him to fix our sin problem. Remember, we can't have a relationship with God, or go to Heaven, if we don't trust Jesus for the forgiveness of our sin. Only God can fix that.
2. We need Him for **everything else**, too. God created each and every one of us. He knows what we need even better than we do. He wants to take care of us, in the big things and small things.

Bonus Questions:

K-st: What do your parents provide for you? Could you do any of those things on your own?

2nd-5th: Give your own definition of sin. (going our own way instead of God's) What did Jesus do for us? (died on the cross to forgive sin) What things do you ask God to help you with?

One of the most important qualities God wants us to have is humility. We need to be humble. Simply put: don't think more of yourself than you should. We don't come to God with anything to offer. We're like helpless little babies. God did it all when He sent Jesus to die for us. We just simply accept the gift. We can't do it alone. We need help.

Option #1

Happy Hot Potato

A great game to test what kids have learned. Have kids stand in a circle. Give one kid the ball. If you have some music, play it while the kids just toss it around to other kids in the circle. Stop the music, or just say "stop", periodically. Whoever is holding the "potato" has to answer a question. If they get it right, they get to stay in the game. If wrong, they have to sit down.

Questions:

1. Who is the best teacher in the whole world? (Jesus)
2. Where did He teach His best class? (on a mountain)
3. What is the Big Idea for today? (happiness starts...knowing you need God)
4. What is the Memory Verse today? (God makes you happy...realize need for)
5. What is the Key Question today? (Why do we need God?)
6. What is the answer to the Key Question? (forgive sins, everything else)
7. Who forgives our sins? (Jesus)
8. When Jesus says "blessed are those...what does He mean? (happy)
9. Finish the sentence, "We start by trusting ____" (Jesus)
10. Finish the sentence, "We all _____ God. (need)

Supplies needed

- ball
- phone or cd player

Bonus Activity:

Play the Telephone Game. sit kids in a circle. Whisper the message in one kid's ear and have them repeat to the kid next to them. Continue around the circle to last kid. Have them share what they heard.

Messages: 1. Jesus was a great teacher. 2. Happiness starts with knowing you need God.

Option #2

Sermon Says

This game works like "Simon Says" but with a Bible twist. Give a simple task for the kids to do. If a child fails, give them a question to answer from below to stay in the game. If they get it right, they continue to play. If they get it wrong, they sit down.

Actions: jump up and down, hop on one leg, wave right arm, spin around, whistle, two thumbs up, etc.

Questions:

1. Who is the best teacher in the whole world? (Jesus)
2. Where did He teach His best class? (on a mountain)
3. What is the Big Idea for today? (happiness starts...knowing you need God)
4. What is the Memory Verse today? (God makes you happy...realize need for)
5. What is the Key Question today? (Why do we need God?)
6. What is the answer to the Key Question? (forgive sins, everything else)
7. Who forgives our sins? (Jesus)
8. When Jesus says "blessed are those...what does He mean? (happy)
9. Finish the sentence, "We start by trusting ____" (Jesus)
10. Finish the sentence, "We all _____ God. (need)

Supplies needed

- none

Bonus Activity:

Play the Telephone Game. sit kids in a circle. Whisper the message in one kid's ear and have them repeat to the kid next to them. Continue around the circle to last kid. Have them share what they heard.

Messages: 1. We start by trusting Jesus 2. We need God for everything.

1

Discover Truth

Watch this week's lesson video as a family (see link above) and fill in the blanks.

1. The word bless is just another word for _____.
2. God makes you happy when you realize your _____ for _____.
3. Foundations Truth 1 says, "We _____ by _____ Jesus.
4. We all _____ God.

2

Talk about it

Answer these questions together as a family.

1. List some things that make you happy.
(Ex. favorite holiday, food, people, places) Why do they make you happy?
2. Can you think of some things that used to make you happy but don't anymore?
What happened?
3. Why do we need God?
4. Read [Matthew 18:3-4](#). What do you think of infants/toddlers? What things do they need help with? Why would Jesus encourage people to come to him like a child?

3

Live it out

Memorize this week's Bible verse:

God makes you happy when you realize your need for Him.

Matthew 5:3



NAME: _____

BIG IDEA:

Happiness starts with knowing you need God.

MEMORY VERSE:

God makes you happy when you realize your need for Him.
Matthew 5:3

Instructions: color the picture.



THE SERMON ON THE MOUNT