

A Worthless Bowl of Soup | The Story of Esau | Sabotage #2 (Kids)

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Jacob and Esau were _____

Since Esau was born first he got something called the “birthright”. This meant that he would get more stuff from their Dad when he died. So, if their dad had three cows Esau would get two and Jacob would only get one. This deal was great for Esau.

Jacob and Esau _____ the same things

Esau _____ his birthright for a bowl of _____

Why would Esau give up so much for a bowl of soup? Was it because soup was his favorite food? NO! It was because he didn’t have any self control. He was willing to give up something important for his future to be happy for just a moment. Remember, Esau was known for making bad choices. This one tops them all!

We need _____ so we don’t make bad trades

We can learn an important lesson from Esau. We need to have self control in our lives so we don’t trade away the important things for unimportant things. For example, choosing nice friends who encourage us to honor God, instead of mean friends who encourage us to do bad things. Or, choosing to work hard at school instead of choosing to be lazy.

Answers: twins, didn’t like, sold, soup, self control

Questions:

1. *What was your favorite part of the video? What is one thing you learned from the video?*
2. *Have you ever made a bad trade with a friend? Explain. What did you learn from that experience?*
3. *Which twin was older?*
4. *What was the birthright? Why was that a big deal back then?*
5. *What did Jacob do to trick Esau? Why do you think Esau make a bad trade?*
6. *Read [2 Timothy 1:7](#). What doesn’t God give us? What does he give us instead? In what areas of your life do you need to work on self control?*
7. *How will you apply this lesson to your life this week?*

Bonus Questions: Use these passages to have more conversations this week.

1. *Read [Ephesians 6:1](#). How can self control help you to obey your parents?*
2. *Read [Psalm 141:3](#). How can self control help you to watch what you say?*