WINNING AT LOSING

LESSON #4

TEACHER'S GUIDE

LESSON OVERVIEW

Big Idea: You win with attitude and effort, even when you lose. **Key Question:** What is the right attitude? **Memory Verse: "**So, let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up." **Galatians 6:9**

Overview: We're finishing our series on "How to win at everything". We've learned that the real way to win is all about making God happy by the way we think and act. We learned how to do this at church by listening to the Bible, being a good friend to others, and praying together. We learned that winning with money is all about having the right attitude towards it. Our money is really God's money so we should spend it the way He wants us to. Last week, we talked about winning at school. We learned that God wants you to be a good example to other students by how hard you work and how well you listen. We learned that the best way to win is to imagine that Jesus is sitting right there by you and He can see exactly what you're doing. Today, we're going to learn about how to win at losing. That might sound impossible, but it's not! You can still "win" even if you lose the game or lose out on the role in the school play. It's all about having a "no quit" attitude and trying your hardest. So, even if you don't get what you want, you know you honored God by how you chose to respond in disappointment. God is pleased when you give your best, and when God is happy, you won't ever lose.

CLASSROOM AGENDA

∎ 5 min	PLAY: Begin working on Activity Page #1.
5 min	WARM UP: What's your favorite game? How do you act when you win? How about when you lose?
5 min	PREVIEW: Write out the Big Idea, Memory Verse and Key Question on a whiteboard. Have the kids(2nd-5th grade) copy it down on Activity Page #1.
20 min	LARGE GROUP: Gather for songs and videos with other kids. Then return to small group to finish this guide.
5 min	RECAP: Read the Lesson Overview from the Teacher's Guide and then answer the KEY QUESTION.
5 min	EXPLORE: Read <u>1 Corinthians 9:24</u> . What is the verse saying about winning and losing? What should our attitude be towards everything?
10 min	PLAY: Choose a group activity from Activity Page #2.
5 min	 CLOSE: What will you do differently the next time you lose at something? Share prayer requests and pray as a class.

TEACHER TIPS

Don't forget that you set the tone for your kids. Smile. Have fun. Pursue God together.

Allow each kid to share. The point: get kids thinking about how they respond when they win or lose at something.

Answer: An attitude that says, "I won't give up and I'll do my best because I want to honor God in everything I do." God never promises us that we will always get what we want. Sometimes things just don't go our way. But, God still wants us to have a "winning" attitude even when we lose. Remember, God wants us to be good representatives of Him. If we pout and get angry when we lose, we aren't acting the way God wants us to. Don't be a quitter, just give your best and be okay with whatever happens.

Bonus Questions: Why do you think God cares how we act when we lose? What kinds of things do kids do when they lose? What's the best way to respond when you lose?

Everybody wants to win but there can usually be only one winner. So, more people end up on the losing. end. But, whether you win or lose isn't as important as how hard you try. No matter what you're doing, do it with your best effort and with your best attitude.

Help kids think of a specific thing they will do to improve their attitude when they lose.

ACTIVITY PAGE #2

Classroom Activities 2nd-5th

Option #1

WINNING ATTITUDE TROPHY

- Give each kid a styrofoam cup.
- Give each kid a yellow trophy template (page 5).
- Wrap the template around the cup and tape to the cup.
- Give each kid a pipe cleaner that's been cut into 2 pieces.
- Have kids bend each piece into a half circle (see image below) and have kids push each end into the side of the cup, one on each side creating handles.
- Then let kids decorate their trophies.



Supplies needed

- medium styrofoam cups, 1 per kid
- yellow paper
- trophy template (pg 5), one per kid
- tape
- pipe cleaners cut in half, 2 halves per kid
- markers/crayons
- stickers

Bonus Activity:

Put the Books in Order Game. Using the whiteboard, write the 3 books listed below. Then, write the numbers 1, 2, and 3. Have a kid come to the board to write what the class decides is the order in which the books are found in the Bible. Books: Joshua, Jeremiah, Romans

Option #2

YOU'RE A WINNER RIBBON

- Give each kid a ribbon template (page 6).
- Have kids cut out their ribbon.
- Write the words "attitude" and "effort" on the whiteboard
- Have the kids copy the words onto their ribbons, one word per ribbon.
- Then let kids decorate their ribbons.

Supplies needed

- Ribbon template (pg 6), 1
 per kid
- scissors
- markers
- crayons
- stickers

Bonus Activity:

Put the Books in Order Game. Using the whiteboard, write the 3 books listed below. Then, write the numbers 1 ,2, and 3. Have a kid come to the board to write what the class decides is the order in which the book are found in the Bible.

Books: 1 Corinthians, 1 Samuel, Acts

WINNING AT LOSING

Discover Truth

LESSON #4

Watch this week's lesson video as a family and fill in the blanks.

- Name the kid who couldn't even read until he was 7: 1.
- Name the kid who was cut from his high school basketball team:_____ 2.
- Name the guy who got beat in 8 elections in his career:_____ 3.
- 4.

You win with _____, even when

you lose.



Answer these questions together as a family.

- Do you struggle to learn sometimes? 1. What do you think Albert Einstein did to overcome his struggles to learn?
- Have you ever been cut from a team? 2. How did that feel? What do you think Michael Jordan did to go on to be the best to ever play basketball?
- Why is it easier to give up than to keep 3. trying when we fail or lose? What do you think God wants us to do?
- Read 1 Corinthians 9:24. What is the 4. verse saying about winning and losing? What should our attitude be towards everything?



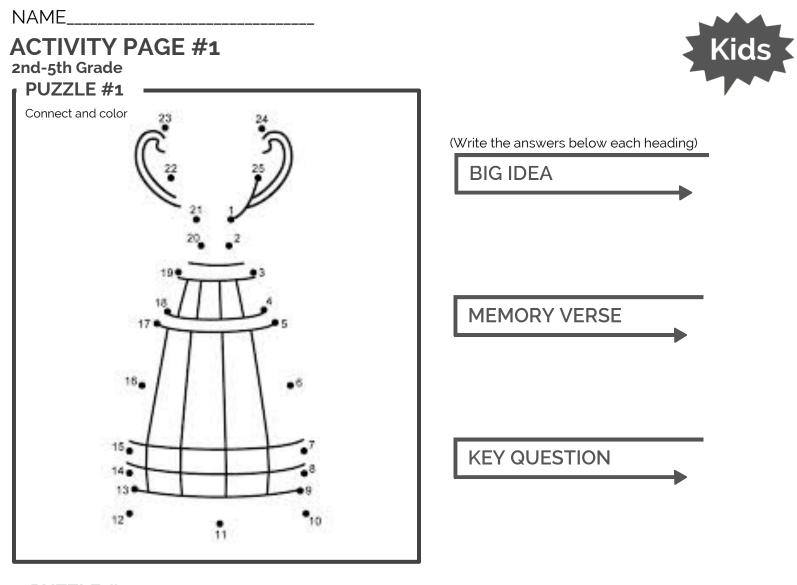
Memorize this week's Bible verse:

"So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up." Galatians 6:9

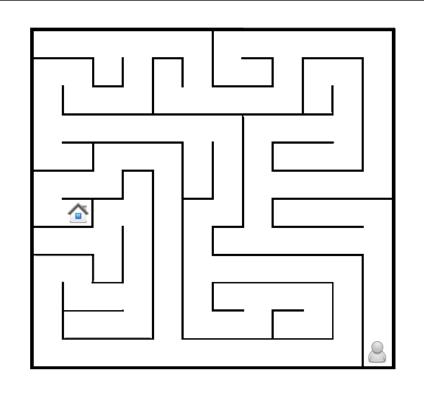
Bonus: Read these additional passages as a family this week..

- Read Joshua 1.9. How can knowing God is always with you help when you're disappointed?
- Read 2 Timothy 1:7 How can this verse help you the next time you lose at something?
- Read Ephesians 6:10. How can you be strong for God?

Learn the 3 basic truths of the Christian faith in the Foundations for Kids series.







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RIBBON TEMPLATE PAGE 6

