

Psalm 139 - God Pursues You

LESSON #5

TEACHER'S GUIDE

LESSON OVERVIEW

Big Idea: God wants to be in your life.

Key Question: Why do we need God?

Memory Verse: Lord, You have examined my heart and know everything about me. **Psalm 139:1**

Overview: Today, we're looking at the most popular psalm, Psalm 139. Psalms are like songs or poems people wrote to God a long time ago. Some were sad and some were happy. This psalm was written by king David. He was writing about how big God is that He can be everywhere and know everything! You know what is even more amazing? God knows each of us, everything about us. God knows how we think, what we fear, and what makes us happy. He knows the great things about us and He knows the things we're not so proud of. But, He loves us anyways. You know why He knows everything about us? Because, He created us, loves us, and wants to be in relationship with us! God didn't create us by accident. He carefully created each one of us with special abilities and talents. God wants to be in our lives. He wants US to want HIM in our lives. He doesn't force us to follow him. He gives us a choice. David understood this and that's why he wrote this psalm. He was worshipping God, praising Him for being so big, and inviting God to be a part of his life.

CLASSROOM AGENDA

5 min **PLAY:** Begin working on Activity Page #1.

5 min **WARM UP:** Describe yourself. Physical characteristics, favorite food, favorite things to do. Share some of your least favorite things.

5 min **PREVIEW:** Write out the Big Idea and Memory Verse and Key Question on a whiteboard. Have the kids copy it down on Activity Page #1. (if applicable)

20 min **LARGE GROUP:** Gather for songs and videos with other kids. Then return to small group to finish this guide.

5 min **RECAP:** Read the **Lesson Overview** from the Teacher's Guide to the class and then **answer** the KEY QUESTION.

5 min **EXPLORE:** Read [Jeremiah 31:33](#). A covenant is a promise. What is God promising to do in this verse? What are God's instructions? What does it mean that they are written on our hearts?

10 min **PLAY:** Choose a group activity from Activity Page #2.

5 min **CLOSE:**

- What attribute that God gave you are you most thankful for?
- Share prayer requests and pray as a class.

TEACHER TIPS

Don't forget that you set the tone for your kids. Smile. Have fun. Pursue God together.

Allow each kid to share. The point: We have to describe things about ourselves for others to know who we are. But, God already knows everything about us.

Answer: We need God for a lot of reasons here are the top 3:

1. To save us (from our sins)
2. To protect us (from danger)
3. To lead us (to live a life that honors Him and fulfill our purpose)

Remember, God created each one of us. He knows everything about us and He knows what we need. We can't get to heaven without Him. We can't live under His protection without Him, and we can't live a life that honors Him without His leading.

Bonus Questions: Who died on the cross to pay for our sins? (Jesus). How does God lead us? (gave us the Bible and his Holy Spirit to guide us on the right path)

4-5th: Why did Jesus have to die? (sins) Give some examples from the Bible of how we should live? (don't lie, forgive, love)

God promised that He would help us to find relationship with Him again. Even though sin got in the way of that relationship, God had a plan. The "new" covenant was all about sending Jesus to pay for our sins and giving us the Holy Spirit and the Bible to help us to live a life that honors God. This new covenant was about an inward change. Our hearts are made new when we trust in Jesus and then we want to follow after Him.

Allow each kid to share their favorite quality. (hair color, height, freckles, funny, smart, etc.)

ACTIVITY PAGE #2

Classroom Activities K-1st

Option #1

God's Secret Message Plate

- Put newspaper or butcher paper down on tables or just use paper towels for clean up after activity
- Give each kid a paper plate (hidden message already written on it).
- Put watercolors and brushes on the tables for kids to paint over their plates. Tell them to use a different colors to make it look colorful.
- As they paint, tell them to watch for the secret message to appear.

Supplies needed

- white paper plates with the message "God knows you" on plates with white crayon, 1 per kid
- white crayon
- newspaper/butcher for tables
- water color paints
- brushes
- paper towels

Bonus Activity:

Play the **Silly Memory Verse** game.

Say the verse as a class. Then, say the verse while clapping your hands. Say it again while spinning around

Option #2

Scavenger Hunt Memory Verse

- Before the kids return from large group (or just have kids close eyes and put heads down), hide the words from the memory verse around the room (**pg 5**).
- Have the class explore the room to find the words to the verse.
- Once a kid finds a paper, they have to quit looking so others kids have a chance to find one
- Once all the words are found, have kids put the words in the correct order to say the verse.

Supplies needed

- white paper
- scavenger hunt words template (pg 5), pre cut

Bonus Activity:

Play the **Find the Book in the Bible** game.

Have kids pair up and give each pair a Bible. Have them race to find the books below. The first team to find it has to say if it's in the Old or New testament.

Books:
Exodus, Numbers, 1 Timothy

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LESSON #5

KID AND PARENT GUIDE

[Online @ pursueGOD.org/kids](http://Online@pursueGOD.org/kids)

1 Discover Truth

Watch this week's lesson video as a family (see link above) and fill in the blanks.

1. God knows the _____.
2. God is _____ than you realize.
3. God wants to be in _____.

2 Talk about it

Answer these questions together as a family.

1. Describe yourself: physical characteristics, favorite food, favorite things to do. Share some of your least favorite things.
2. How does it make you feel to know that God knows everything about you?
3. List some things God has done in your life to show you that He is near.
4. Why do you think God wants to be in your life?
5. Read [Jeremiah 31:33](#). A covenant is a promise. What is God promising to do in this verse? What are God's instructions? What does it mean that they are written on our hearts?

3 Live it out

Memorize this week's Bible verse:

"Lord, You have examined my heart and know everything about me."

Psalm 139:1

Bonus: Read these additional passages as a family this week

- Read [Luke 12:7](#). What does this verse say about how much God loves you?
- Read [Joshua 1:9](#). Why is it important to know that God is always with us?
- Read [Philippians 2:13](#). How does God help us to do what pleases Him?

Parent Signature_____



ACTIVITY PAGE #1

K-1st Grade

Kids

BIG IDEA

God wants to be
in your life.

KEY QUESTION

Why do we
need God?

MEMORY VERSE

"Lord, you have
examined my heart
and know everything
about me"
Psalm 139:1

Color the picture



LORD

YOU

HAVE

EXAMINED

MY

HEART

AND

KNOW

EVERYTHING

ABOUT

ME

PSALM

139:1