

LESSON OVERVIEW

Big Idea: What God gives us is good for us.

Key Question: How does God know what's good for us?

Memory Verse: Trust in the Lord with all your heart; do not depend on your own understanding. **Proverbs 3:5**

Overview: We're continuing in our series about what it really means to be a Christian. A Christian is just another name for a follower of Jesus. Last week we learned what a "kinda sorta" Christian is all about. A "kinda sorta" Christian says they believe in God but they don't make him a priority. We learned that God wants to be our best friend. In order for us to know God like a best friend, we have to spend time with him by doing things like reading our Bible and praying. Today, we're going to talk about how we should relate to God. A "kinda sorta" Christian treats God like their favorite fast food restaurant. They tell God what they want in life and expect that it will be exactly as they say. But that's not how God works. We don't tell God what we want. He tells us what we **should** want. After all, God is the God of the whole universe. He can see everything from beginning to end. He knows what we need. We may think we know what we want but we don't. A true Christian trusts that God knows what is best. Instead of telling God what we want, we should ask God to show us what he wants for us. We should trust that no matter what comes along in life, God's plan is best.

CLASSROOM AGENDA

- 5 min **PLAY:** Begin working on Activity Page #1.
- 5 min **WARM UP:** What's your favorite fast food restaurant? Why is it your favorite?
- 5 min **PREVIEW:** Write out the Big Idea and Memory Verse and Key Question on a whiteboard. Have the kids copy it down on Activity Page #1. (if applicable)
- 20 min **LARGE GROUP:** Gather for songs and videos with other kids. Then return to small group to finish this guide.
- 5 min **RECAP:** Read the **Lesson Overview** from the Teacher's Guide to the class and then **answer** the KEY QUESTION.
- 5 min **EXPLORE:** Read [Isaiah 40:31](#). Why should we trust in the Lord? Why is it better to follow God's plan instead of our own?
- 10 min **PLAY:** Do the group activity from Activity Page #2.
- 5 min **CLOSE:**
 - What did you learn from the lesson today?
 - Share prayer requests and pray as a class.

TEACHER TIPS

Don't forget that you set the tone for your kids. Smile. Have fun. Pursue God together.

Allow each kid to share. The point: We all love going to our favorite restaurant and ordering our food just how we like it. Some people think that's how it works with God. We can order up our life just how we want it. But, that's not true.

Answer: Because God knows everything and he created each and every one of us!
God created this world and everything in it. He knows how things are suppose to work. He knows what's good for us and he knows the dangers we should avoid. And, because God created each one of us, he knows exactly what we need when we need it.

Bonus Questions: What are some of your favorite things God has created? What are some unique qualities God has given you?

4-5th: Why should we trust God with our lives?

God is the source of our purpose and strength. He gives us everything we need in this life. If we choose to obey and follow his plan for our lives, we will accomplish way more than we ever could on our own. God knows everything, including us. He has a plan and we should follow it.

Allow each kid to share.

ACTIVITY PAGE #2

Classroom Activities K-1st

Option #1

God Is....Craft

- Give each kid a note card template (**page 5**)
- Give each kid 3 index cards
- Have kids cut out each note card template
- Have kids glue a note card template onto each index card
- Then, have kids stack the index cards with "God is..." on the top
- Then help kids staple the top of the cards to make a flip book
- As they work, remind the kids that God knows everything, and he loves us, so we can trust him no matter what happens in our lives.

Supplies needed

- note card template (pg 5), 1 set per kid
- colored index cards
- scissors
- stapler

Bonus Activity:

Play the **Memory Verse** game

Say the memory verse as a class. Say it again while **spinning** around. Say it again while **jumping** up and down.

Option #2

God Is....Bible Hangman

- Put the pre cut hangman words (**page 6**) in a bowl
- Draw a hangman template on the whiteboard
- Choose one kid to come up and draw out a word from the bowl. Have them put the blanks on the board for each letter of the word (**teacher may need to assist**)
- Have the kid call on other kids to guess letters and have them fill in the correct letters in their proper blank space. If wrong, have them write those letters to the side and draw a portion of the hangman's body (**teacher may need to assist**)
- See if the class can solve the puzzle before the hangman is drawn

Supplies needed

- hangman words (pg 6), pre cut
- bowl
- whiteboard and markers

Bonus Activity:

Play the **Telephone** game.

Have kids sit in a circle. Whisper the **Big Idea** in the ear of one kid. Have them whisper it in the ear of the kid to their right. Continue around the circle. Last person has to say the message they heard.

1 Discover Truth

Watch this week's lesson video as a family (see link above) and fill in the blanks.

1. Lesson #1: You can't _____ God like a kid's meal.
2. Lesson #2: What God gives us is _____ for us.

2 Talk about it

Answer these questions together as a family.

1. What's your favorite fast food restaurant? Why is it your favorite?
2. Create a list of words that describe God. What is your favorite thing about God?
3. Why can't we tell God what we want from life?
4. Share a time you asked God for something and you got it. Share a time you asked God for something and didn't get it. How did that make you feel?
5. Why can the hard stuff in life still be good for us?
6. Read [Isaiah 40:31](#). Why should we trust in the Lord? Why is it better to follow God's plan instead of our own?

3 Live it out

Memorize this week's Bible verse:

"Trust in the Lord with all your heart; do not depend on your own understanding."

Proverbs 3:5

Bonus: Read these additional passages as a family this week

- Read [Proverbs 16:3](#). How does trusting in God help us in life?
- Read [Isaiah 26:3](#). What does this passage say we will have when we trust in God?
- Read [Philippians 4:19](#). What does God give us?

Parent Signature _____

Learn the 3 basic truths of the Christian faith in the [Foundations for Kids](#) series.



ACTIVITY PAGE #1

K-1st Grade



BIG IDEA

What God gives us is good for us

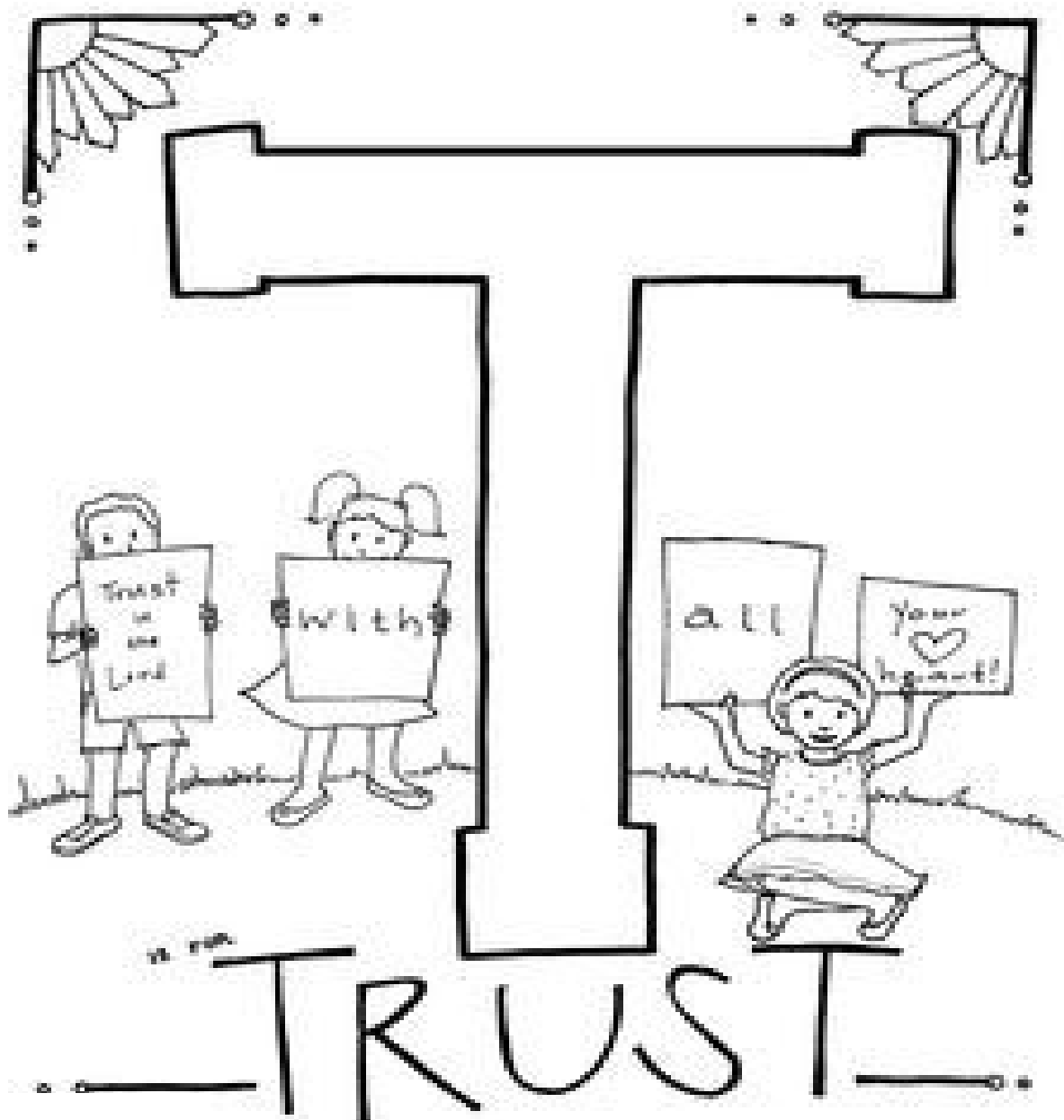
KEY QUESTION

How does God know what's good for us?

MEMORY VERSE

"Trust in the Lord with all your heart; do not depend on your own understanding"
Proverbs 3:5

Color the picture



GOD IS...

ALL
KNOWING

GOOD

LOVE

GOD IS...

ALL
KNOWING

GOOD

LOVE

GOD IS...

ALL
KNOWING

GOOD

LOVE

LOVE

FORGIVING

FAITHFUL

JUST

HOLY

WISE

TRUE

PERFECT