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SERIES: COMMUNION

# What is Communion?

[PursueGOD.org](http://PursueGOD.org)

## Lesson Overview

Today, we're going to talk about a very special thing Christians should do. It's called communion. You may not be familiar with the word but you might be familiar with what it is because you've seen people do it in church.

Communion is when we take a piece of bread and dip it in juice and eat it.

Do you know why we do that? We do it because it's important for us to remember what Jesus did for us when he died on the cross. The bread symbolizes his body that was broken for us and the juice symbolizes his blood that was spilled for us. See, Jesus died to pay for OUR sins, not his. He's God so he's perfect. He suffered and died so our sin problem could be fixed. As Christians, we take communion as a way to remember what Jesus did for us. If you've put your faith in Jesus, then you can take communion!

### Big Idea

*Communion reminds us of what Jesus did on the cross.*

### Key Question

*Why did Jesus have to die for us?*

### Memory Verse

*Luke 22:19b | "This is my body, which is given for you. Do this in remembrance of me."*

## Classroom Agenda

1. (5 min) **PLAY: Let kids start working on Activity Page #1.**
2. (5 min) **WARM UP: Make a list of things your parents do for you. Why do you think they do those things?** (Tip: Your parents give you a place to live, food to eat, and clothes to wear because they love you. Jesus loves you, too, and proved it by what he has done for us.)
3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
5. (2 min) **RECAP: Read the Lesson Overview (see above).**
6. (3 min) **KQ: Answer the Key Question.** (Answer: **To fix our sin problem.** (The Bible says that we all have a sin problem. Sin is going our own way instead of God's way. So, Jesus came to fix our sin problem by paying the price for our sins so we could have relationship with God. And, he gives us the Holy Spirit to live in our hearts and gives us the strength to say "Yes" to God and "No" to sin.)
  - **Bonus Questions:** What is sin? How does Jesus fix our problem? **4-5th:** Why are sinful choices so bad for us?
7. (5 min) **EXPLORE: Read Isaiah 53:5. Who suffered for us? Why did Jesus do all of that for us?** (Answer: Jesus loves us so much that he was willing to give his life for us! He knew that in order for our relationship with him to be fixed, he had to die to pay for our sins. Otherwise, we would be stuck in our sin and would remain far from God.)
8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**
9. (5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to [pursueGOD.org/kids](http://pursueGOD.org/kids) to find this week's lesson video.

**Teacher instructions:** Choose an activity for your classroom.

## OPTION 1: NAME THAT THING GAME

### Instructions:

- Put the words and pictures from the Concentration template (page 5-6) in a bowl or basket.
- Have a kid come up and pull a card out of the bowl and see if they can explain how the word or picture relates to the lesson.
  - Cup-used in communion for the juice, represents blood
  - Bread-represents the body of Jesus
  - Jesus-died for our sins
  - Luke 22:19-memory verse

- Remember-why we do communion, to remember what Jesus did
- Cross-where Jesus died
- Sin-why Jesus had to die for us
- Love-Jesus died for us because he loves us

### Supplies needed:

Concentration template (pg. 5-6, precut, 1 set)

### Bonus Activity: "Find the Book"

Have the class get into pairs. Give each pair a Bible. Have them race to find the book. First to find has to say if it's in the OT or NT.

**Books:** Proverbs, James, Luke

## OPTION 2: COMMUNION CONCENTRATION GAME

### Instructions:

- Divide the class into teams of four. Give each group a set of concentration words (page 5-6).
- Have kids put the words face down on the floor.
- Then have kids take turns turning over two cards at a time to try and find a match. If a match, they get to keep those cards. If not a match, they flip the cards back over and the next kid gets a chance.
- Kid with the most matches wins.

### Supplies needed:

Concentration words template (pg. 5-6, precut, 1 set per group)

### Bonus Activity: "Bible Hangman"

**Words or Phrases:** Communion, Jesus, Remember what Jesus did

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STAND ALONE LESSON

# What Is Communion?

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Hey kids! Today we are going to be talking about something really important. It's something called communion. Communion is a special thing Christians do. Maybe you've seen adults do this in the big service where they take a piece of bread and some juice and eat it. It might sound pretty silly but there's a very important reason Christians take communion.

## \_\_\_\_\_ Is Jesus' Idea

Jesus had this idea when he was having a special dinner with his disciples. The dinner was to remember something called Passover which had happened a long time before Jesus was born. It was a miraculous event where an angel of the Lord passed over the land and protected the Israelites from being killed by a mean king. Every year, the people would celebrate the Passover to remember how God had saved them. That's what Jesus and the disciples were celebrating at the time of the first communion.

But, this meal was important for another reason. It was the last meal Jesus would have with his disciples. Jesus knew what was about to happen to him. He was going to go to the cross to die for the sins of the people. But the disciples didn't know that yet. So, Jesus used this last supper to explain what he was about to do for them.

## Communion Is a Way to \_\_\_\_\_ What Jesus Did on the \_\_\_\_\_

That's why Christians still take communion to this day. It's about being reminded of what Jesus did for us on the cross and it's a time to celebrate how he has saved us. When you do communion the bread and juice symbolizes what Jesus did for us. The bread is a symbol of his body that was broken for us. The juice symbolizes his blood that was spilled to pay for our sins.

| **Luke 22:19b** *This is my body, which is given for you. Do this in remembrance of me.*

## Communion Is For Anyone Who Has Asked \_\_\_\_\_ Into Their Hearts

This is important. Communion is for people who have put their trust in Jesus. So, you shouldn't take communion if you haven't asked Jesus to live in your heart. So, do that first, and then you can take part in communion! If you want to take communion you should talk to your parents about it. They'll help you to know if you are ready for it.

Answers: Communion, Remember, Cross, Jesus

Parent Signature: \_\_\_\_\_

### Questions:

1. What was the Passover about?
2. What is communion all about?
3. Why do we still take communion today?
4. What does the bread symbolize? What about the juice? Who should take communion?
5. Read [Isaiah 53:5](#). Who suffered for us? Why did Jesus do all that for us?
6. How will you apply this lesson to your life this week?

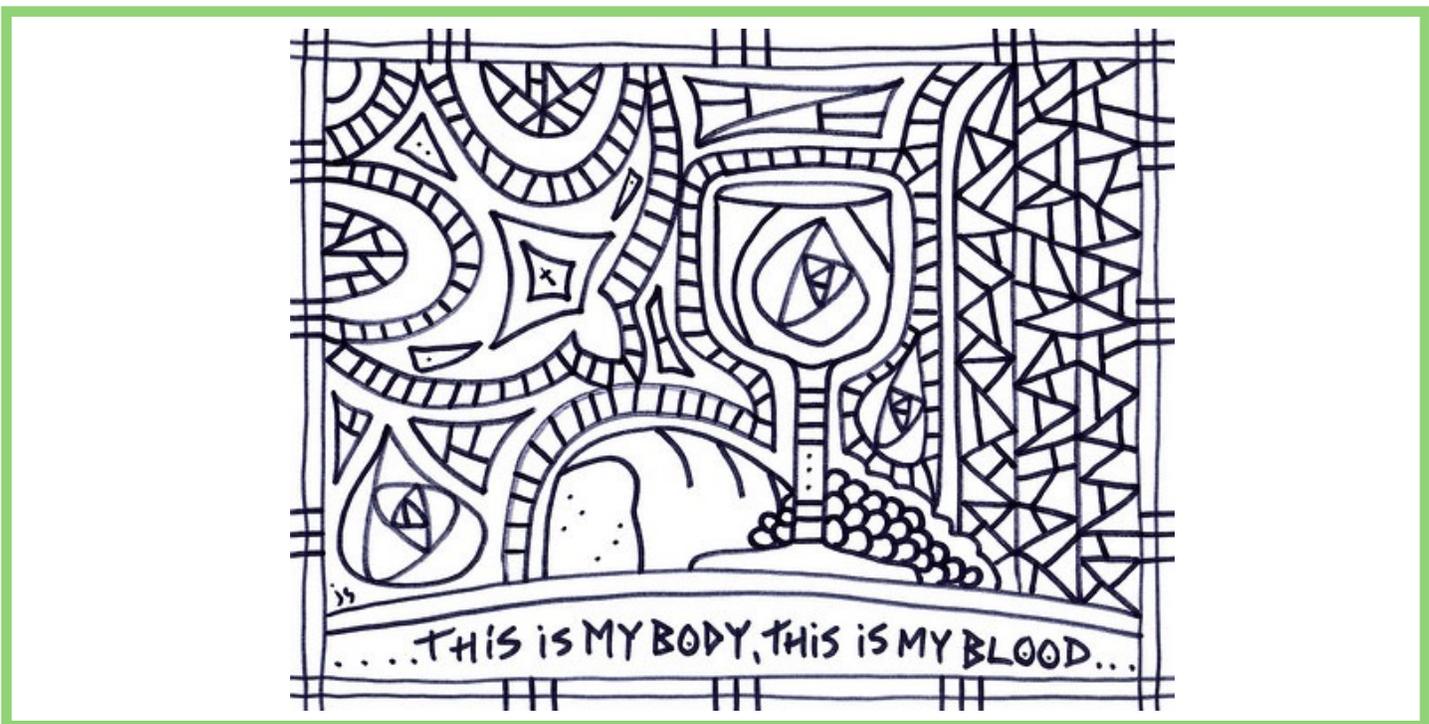
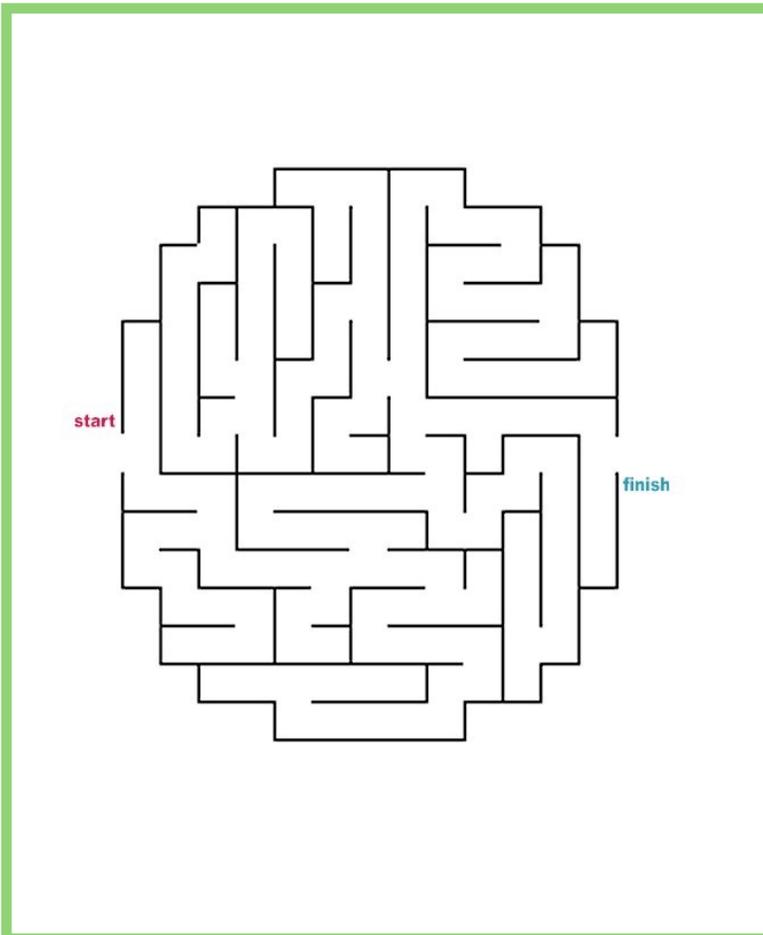
**Instructions:** Solve the puzzle and color the picture.

**Big Idea**

**Key Question**

**Memory Verse**

Luke 22:\_\_\_\_ | "This is my \_\_\_\_\_, which is \_\_\_\_\_ for you. \_\_\_\_\_ this in remembrance of \_\_\_\_\_."

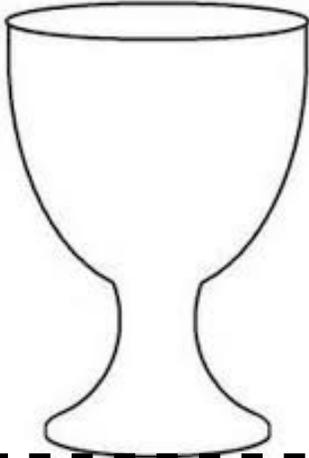


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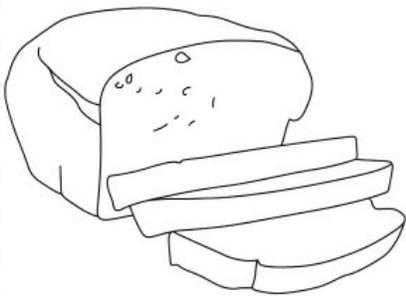
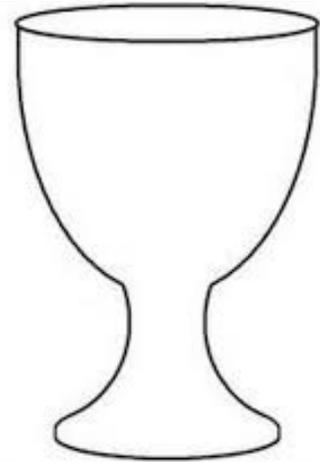
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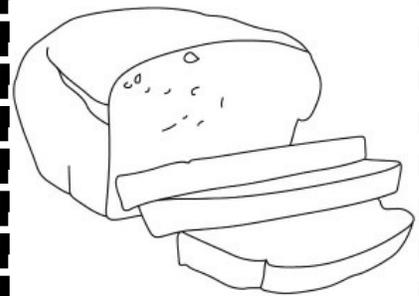
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JESUS



JESUS



LUKE

22:19

LUKE

22:19

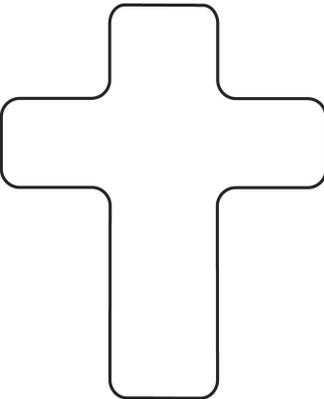
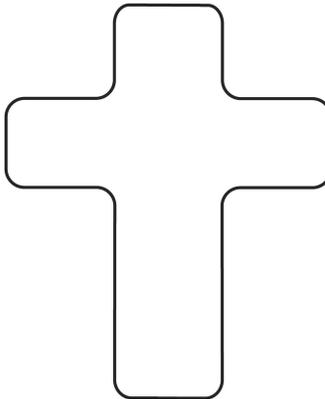
REMEMBER

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	REMEMBER	
CROSS	CROSS	SIN
SIN	LOVE	LOVE