

## LESSON OVERVIEW

**Big Idea:** Having it good as a kid means you're joyful and free

**Key Question:** What is the truth that sets us free?

**Memory Verse:** *And you will know the truth and the truth will set you free.* **John 8:32**

**Overview:** We've started a new series today called Drive. We're learning what it means to pursue God with all our hearts and the benefits that come from a relationship with Him. Just like the title implies, we should always be moving forward in our relationship with God. We should pursue relationship with Him like we do our friends. We should spend time with Him by reading our Bibles and praying. It's the only way to get to know what He's like and what He wants us to be like.

Today, we're focusing on the idea that following Jesus means we'll have a good life. Now, let's be clear. What Jesus means by a good life and what you are picturing might be very different. You might think the good life means never having homework, eating dessert for breakfast and playing video games all day. That's not what Jesus means. Jesus' view of the good life is that we are joyful and free. Joy is just another word for true happiness. Even on bad days, we can be happy knowing that Jesus loves us, protects us and is waiting for us in heaven. And, He gave us the Bible to protect us. Like a big fence, the Bible gives us the rules we should live by so we don't wander into danger. We can be free to live within the boundaries He set for us through His word. Pursue God, everyday, so you can enjoy the "good" life.

## CLASSROOM AGENDA

- 5 min **PLAY:** Begin working on Activity Page #1.
- 5 min **WARM UP:** Describe your "best day ever". Where would you be, what would you do, who would you be with?
- 5 min **PREVIEW:** Write out the Big Idea and Memory Verse and Key Question on a whiteboard. Have the kids copy it down on Activity Page #1. (if applicable)
- 20 min **LARGE GROUP:** Gather for songs and videos with other kids. Then return to small group to finish this guide.
- 5 min **RECAP:** Read the **Lesson Overview** from the Teacher's Guide to the class and then **answer** the KEY QUESTION.
- 5 min **EXPLORE:** Read [Hebrews 12:2-3](#). Jesus endured much suffering for us on the cross. Why do you think He found joy in that suffering? What can His attitude teach us?
- 10 min **PLAY:** Choose a group activity from Activity Page #2.
- 5 min **CLOSE:**
  - How can you find joy in the harder things in your life?
  - Share prayer requests and pray as a class.

## TEACHER TIPS

Don't forget that you set the tone for your kids. Smile. Have fun. Pursue God together.

Allow each kid to share. The point: Get kids thinking about what makes them happy. Even though doing those fun things are great, they aren't enough in the end. Following God is the only true source of happiness.

**Answer:** The truth is that Jesus is God and He came to die for our sins so that we could be free to live for Him. Because of what Jesus did, we don't have to pay the price for our own sins because Jesus paid it for us on the cross. We can live a joyful life that honors God, knowing how much He loves us, and look forward to living in heaven some day.

**Bonus Questions:** What is sin? (*going our own way instead of God's way*) Why do you think Jesus chose to die for us?

**4-5th:** Would you give up your life for someone else? Explain. How can you honor God with your life?

This is a powerful passage in scripture. Jesus knew the suffering He was to endure long before it happened. Yet, He still chose to do it because of His love for us. He understood that the joy was not in the act of suffering but that the result of His suffering meant life for us. He did it to pay for our sins. We can have a similar "joy" in the harder times in our own lives if we remember that God loves us, He will protect us, and He will use our suffering to make us stronger..

Allow each kid that wants to share something they're worried or stressed about with the class. Help them to identify the joy they can find even in that hard situation.

# ACTIVITY PAGE #2

Classroom Activities 2nd-5th

## Option #1

### Memory Verse Relay

- Divide class into two teams.
- Tape two lines at one end of the room and place two buckets up at the other end filled with strips of paper with words of verse (**pg 5**) on them.
- Have the first person in line do 5 jumping jacks then run to the bucket and pull out a strip of paper and place on the floor next to the bucket.
- Then have them run back and slap the hand of the next person in line.
- Continue until all the strips are removed.
- Have kids race to get their words in order to say the memory verse.

### Supplies needed

- tape
- 2 buckets
- memory verse words (pg 5) cut into strips, 2 sets

### Bonus Activity:

Play **Find the Book in the Bible Game**.

Have kids get into pairs. Give each pair a Bible. Have them race to find the books below.

Nehemiah, Galatians, 1 Peter

## Option #2

### Be Joyful Bubble Letters

- Give each kid a joy template (**pg 6**), precut.
- Have kids color their joy letters.
- As they color, explain what each phrase means on the inside of each letter.
  - **J**esus should always be first in our lives. He is the source of true happiness.
  - **O**thers second means after Jesus, we should put our friends and family next.
  - **Y**ourself last means you worry about your own needs after thinking about Jesus and others first.
- As a class, come up with a few examples for each. (How they can put Jesus first and how to put others before themselves).

### Supplies needed

- white card stock
- joy template
- (pg 6), precut
- crayons
- stickers

### Bonus Activity:

Play **Bible Hangman**.

Words or phrases:  
joy and freedom  
Truth  
The Bible is the Truth

## 1 Discover Truth

Watch this week's lesson video as a family (see link above) and fill in the blanks.

1. We have it "good" when we have \_\_\_\_\_.
2. We have it "good" when we have \_\_\_\_\_.
3. We have it "good" when we have \_\_\_\_\_.

## 2 Talk about it

Answer these questions together as a family.

1. Describe your "best day ever". Where would you be, what would you do, who would you be with?
2. Describe what joy can look like in your life. Why does God care if we have joy?
3. What does a person act like without joy? Why doesn't God want us to be that way?
4. What does freedom mean? Why is freedom important?
5. Why is knowing Jesus so important? How does He help us?
6. Read [Hebrews 12:2-3](#). Jesus endured much suffering for us on the cross. Why do you think He found joy in that suffering? What can His attitude teach us?

## 3 Live it out

Memorize this week's Bible verse:

**"And you will know the truth and the truth will set you free."**

**John 8:32**

Bonus: Read these additional passages as a family this week

- Read [Psalm 100:2](#). How can you come before the Lord with joy?
- Read [Psalm 118:24](#). When you have a bad day, what can you do to still find joy?
- Read [Jeremiah 29:11](#). Why should this verse give you hope and joy?

Parent Signature\_\_\_\_\_

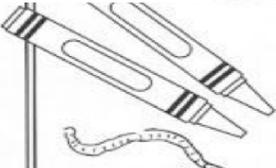


# ACTIVITY PAGE #1

2nd-5th Grade

Kids

## PUZZLE #1



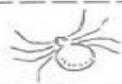
**Just for KIDS**

### Bugs in the Bible

Whether at a picnic, on the beach or playing outdoors, it seems like we're always joined by uninvited guests – bugs! Bugs and other little creatures are mentioned in the Bible.

*Fill in the blanks with the little creatures mentioned in each verse. Circle them in the puzzle below.*

Proverbs 6:6 _____	Exodus 16:20 _____
Psalms 78:45 _____	1 Sam. 24:14 _____
Matt. 23:24 _____	Isaiah 50:9 _____
Judges 14:8 _____	Isaiah 59:5 _____
Acts 12:23 _____	Leviticus 11:22 _____
Leviticus 11:22 _____	Leviticus 11:22 _____
Leviticus 11:22 _____	
Deuteronomy 7:20 _____	



M	O	T	H	S	G	N	A	T	B	H
A	N	T	A	L	L	C	H	P	E	O
G	R	A	S	S	H	O	P	P	E	R
G	F	C	R	I	C	K	E	T	S	N
O	L	S	P	I	D	E	R	S	B	E
T	E	C	L	O	C	U	S	T	D	T
S	A	E	F	K	A	T	Y	D	I	D
G	F	L	I	E	S	W	O	R	M	S

BIG IDEA

KEY QUESTION

MEMORY VERSE

## COLOR

Be joyful  
 in Hope  
 faithful  
 in Prayer

Romans 12:12

AND

YOU

WILL

KNOW

THE

TRUTH

AND

THE

TRUTH

WILL

SET

YOU

FREE

John 8:32

